

TERM 1 WEEK 9 · MARCH 22 2023

PRINCIPAL'S UPDATE

Official Newsletter of Tumbulgum Public School



Principal's message

Dear Tumbulgum Families,

Lots of exciting things are happening at Tumbulgum Public School over the next month. The first of those is our excursion to Currumbin Wildlife Sanctuary next Tuesday. We are all looking forward to a wonderful day out together.



Breakfast Club

This week has seen us introduce some free breakfast at Tumbulgum. To begin the program, we are offering toast to our students between 8.30am and 9am each morning. If you would like your child to be able to enjoy this free breakfast, make sure they arrive in time to eat this before whistle at 9am. We are hoping in the coming weeks to be able to offer some other alternatives from time to time. If for any reason you would not like your child to eat this food, please let us know at the school office.

Fruit break

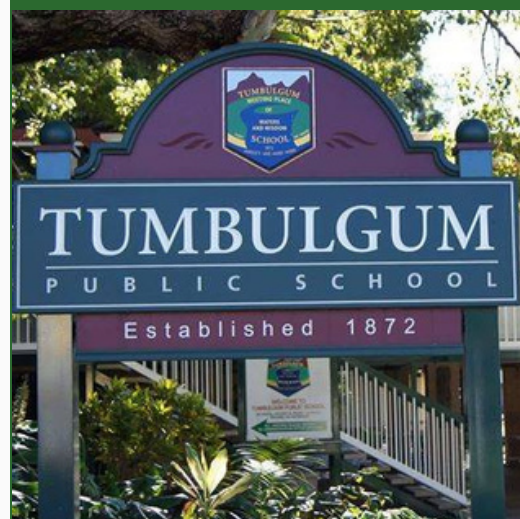
Each morning our students start the day with a short fruit and vegetables break. We have noticed that some students have not been bringing any fruit or vegetables to be able to enjoy with us. We would really like everyone to participate in this healthy routine so if you could try to pack a piece of fruit or vegetable that you know your child will eat, we would really appreciate it. We also provide apples for anyone who would like one.

What's On:

TERM 1 WEEK 9
Monday - Jalum Stormbirds

WEEK 10
Monday - Jalum Stormbirds
Tuesday - Excursion to
Currumbin Wildlife Sanctuary
Thursday - Small Schools Soccer
Fun Day at Burringbar

TERM 2 WEEK 1
Thursday - Cross Country at
Stokers Siding





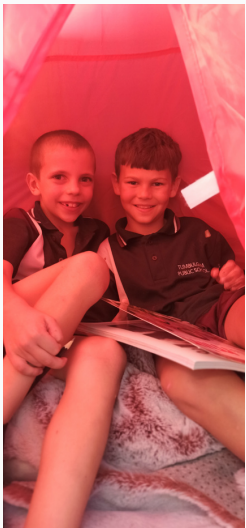
Harmony Day

Yesterday our students celebrated Harmony Day by participating in activities that recognise our diversity and bring together Australians from all different backgrounds. Discussions focused on inclusiveness, respect and a sense of belonging for everyone. See attached some great photos from these classroom activities.



NAPLAN

NAPLAN testing took place last week and this week and I congratulate all our students on their positive attitude towards this assessment. You were sensible and engaged and we are proud of you all for giving your best efforts.



What is in a healthy lunch box?



If you need some inspiration or new ideas this is a great website to have a look at:

<https://healthylunchbox.com.au/healthy-lunch-box-examples/>



Playgroup

As many of you would already know, at the start of next term we are launching our Wednesday playgroups for children 0-5. We would really love to promote this event and have as many small children join us to have some fun and see how wonderful it is here at Tumbulgum. If you know anyone who might like to attend, please let them know and ask them to contact the school for more information. Our Playground Open Day is Wednesday 26th April.

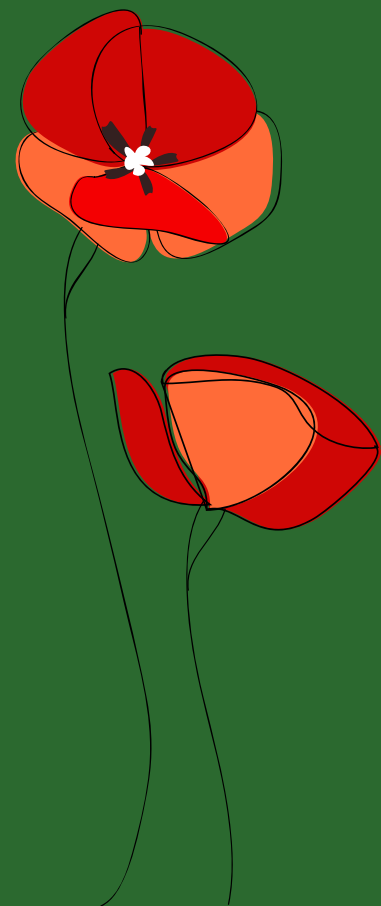
Community breakfast and Easter Hat Parade

Finally, we are excited to invite you and the wider Tumbulgum community to our end of term community breakfast and Easter Hat Parade on Wednesday 5th April. Please let any of your family and friends know that they are welcome to attend this event at our school from 8.30am. We value our community connection and feel this will be a great opportunity to share and celebrate our successes of the term. I encourage you to spread the word to anyone you think might like to attend.

ANZAC Day

I was thrilled to see the names of all the children who have committed to attending the dawn service at Tumbulgum. I am really looking forward to accompanying the children to this event and representing our wonderful school. I will be in touch before the holidays with further information on this event. I look forward to seeing many of you at these end of term events over the next couple of weeks.

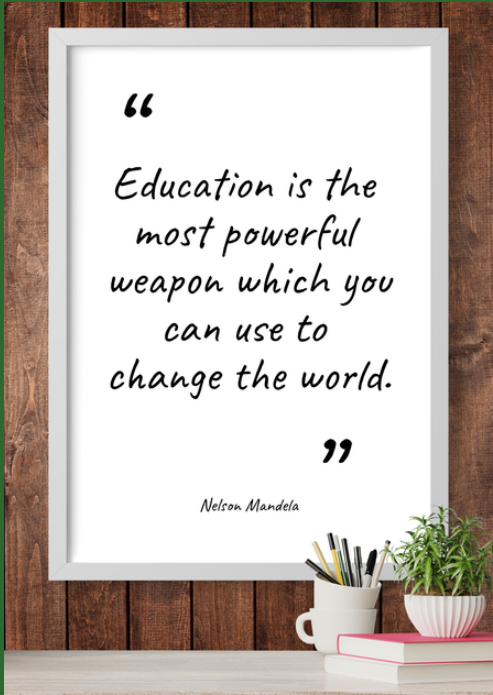
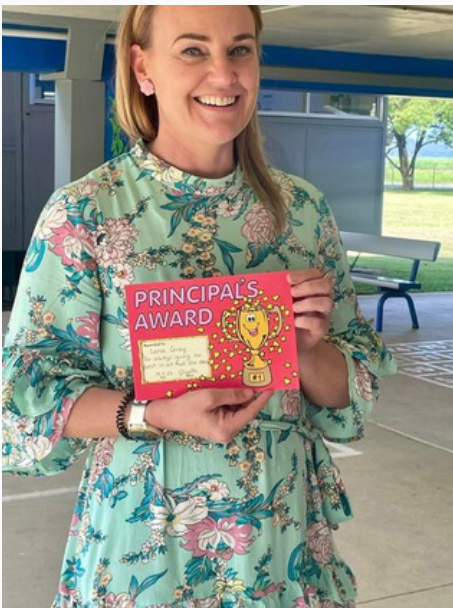
Warm Regards,
Genevieve Esgate





Week 8 Awards

Congratulations to our Jalum and Binging award winners Charlotte and Shamara.
Our Principal Award recipient this fortnight was Lena.
Well done everyone!



Congratulations to our Week 8 award winners!



Tumbulgum Playgroup

0-6 YEAR OLDS

OPENING DAY!
WEDNESDAY 26TH
APRIL
9:30AM-11AM

FREE FACEPAINTING
 PARACHUTE GAMES
 MORNING TEA

Then regular playgroup every
 Wednesday 9:30-11am
 Tumbulgum Public School

REGISTER YOUR INTEREST
<https://forms.gle/SBXe395EYJx7mkT76>
 02 6676 6237
tumbulgum-p.school@det.nsw.edu.au



YOU'RE INVITED TO
TUMBULGUM PUBLIC SCHOOL
COMMUNITY BREAKFAST
& EASTER HAT PARADE
Wednesday 5 April
8:30AM BREAKFAST
9AM EASTER HAT PARADE

Speech Pathology Student-led Clinic

Southern Cross University Gold Coast, Lismore and Coffs Harbour Health Clinics are now offering student Speech Pathology services in-person or via Telehealth for 2023.

This service is available for both children and adults.

All sessions are delivered by student speech pathology clinicians who are supervised by a qualified Speech Pathologist.

Speech Pathology services are available for people who have communication difficulties that may be present for a variety of reasons. Clients can self-refer. Referral from a doctor is not required.

Reasons to refer to the Speech Pathology student clinic may include:
 Difficulty using/finding words to communicate
 Difficulty understanding others or following directions
 Difficulty with clarity of speech
 Voice changes
 Difficulty speaking fluently
 Difficulty with reading or writing

Please contact the Southern Cross University Health Clinic to discuss services or be placed on the waiting list for an appointment.

GOLD COAST
 t: (07) 5569 5292
 e: clinic@scu.edu.au

LISMORE
 t: (02) 4822 9151
 e: clinic@scu.edu.au

Contact either clinic phone number above for Coffs Harbour Health Clinic.