

TERM 2 WEEK 4 · MAY 17 2023

PRINCIPAL'S UPDATE

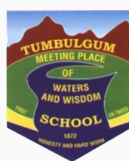
Official Newsletter of Tumbulgum Public School



Principal's message

Dear Tumbulgum Families,

Week 4 has seen the cooler weather arrive and a good downpour of rain which has been welcomed to secure our new turf. It's exciting to say that our back playground is very close to being back in action for our kids to enjoy at break time.



Mother's Day Scones and Tea

It was lovely to see such a great turn out to our Mother's Day breakfast on Friday. Thanks for coming along and sharing a cuppa, scones and a laugh with us. We love your company and the genuine sense of community we have here at Tumbulgum. We hope you had a wonderful Mother's Day and enjoyed receiving your specially crafted gifts made with love by your children.

Parent Portal

You would have received an email on Monday indicating that we have switched over to School Bytes, a school administrative tool. Some of the features of this system is that it will allow you to make payments and inform us on absences for your child.

It requires you to register on the Parent Portal so please follow the below instructions.

<https://portal.schoolbytes.education/auth/login>

What's On:

TERM 2

WEEK 4

Monday - Seasons Jalum for the next 5 weeks

Wednesday - Seasons Binging for the next 5 weeks

Playgroup
Friday - Tissue Fairy

WEEK 5

Wednesday - Playgroup

WEEK 7

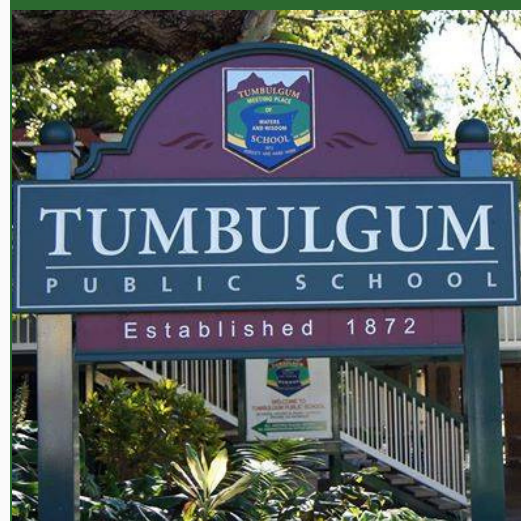
Tuesday - Small Schools Athletics

WEEK 9

Wednesday - Outdoor movie night

WEEK 10

Tuesday - Tropical Fruit World





Detailed steps for parent portal

1. Open the parent portal link – <https://portal.schoolbytes.education/auth/login>
2. Select the create a new account link.
3. Enter your first name as it appears on your student's profile at the school.
4. Enter your last name as it appears on your student's profile at the school.
5. Enter the email address that you use for school communication.
6. Enter a password

Uniforms

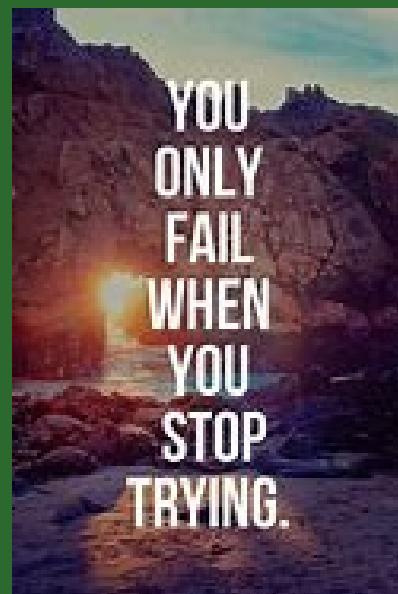
Please make sure your child wears/packs a jumper each day as the days are getting cooler. We also have a number of children presenting at school without their hats and seeking spare hats. For this reason, our spare hats have run dry so please check at home to see if there are any Tumbulgum hats lying around and please send them back to school with your child. It is also important that all children have their own hat to prevent the spread of head lice from shared hats.

White Slips & Responsible Thinking Classroom

The new behaviour system seems to have been well received by our students with very positive results since its introduction. Well done kids and keep up the great behaviour!

Social Media

It has been brought to our attention that a number of our students are frequently using social media applications such as Snapchat, TikTok and Instagram. We have been told that at times, some of these social interactions are having negative impacts on our students. Please be aware of the age restrictions of each application that your child is accessing and please monitor their interactions as not all of these are positive. Attached is information regarding legal ages for various applications. We would appreciate your support in this matter.







Office of the Children's
eSafety Commissioner



Get in the know
– research the ‘terms of use’ and age requirements on social media services and explain them to your child.



Keep it private
– show your child how to use privacy settings to control what others can see.



Play nice
– encourage your child to respect others online and to always think before posting.



Report
– show your child how to report inappropriate content, especially cyberbullying.



Beware of bad eggs
– teach your child that not everyone they meet online can be trusted, even if they seem nice or friendly.



Join in
– create an account yourself and find out what your child is likely to encounter.



Talk
– maintain open communication with your child so they feel safe talking to you about any concerns.



Learn more
– keep up to date with popular social media sites at esafety.gov.au/quickguide

Should my child be on social media?

Parents can sometimes feel the pressure of pester power to allow their children on social media, even if they don't feel comfortable doing so.

While these services are a fun way to stay connected with others, there can be downsides like cyberbullying, risks to privacy and contact from strangers.

If you allow your child to sign up to a social media service, consider these handy tips.

esafety.gov.au/iparent

Playgroup

Our Wednesday playgroup continues to be a success as we welcome lots of little ones into our beautiful school grounds. Thank you to those who have spread the word and feel free to invite any new people to join us each week.



Home Readers


Jalum students will soon be coming home with home readers. Reading with your child at home will help your child in all areas of school. Research shows the importance of reading daily in developing confidence, vocabulary and a love of reading. Students will be rewarded for 20 nights of home reading. We really appreciate you supporting and encouraging your child to read at home.

Attendance

Thank you to those families who are valuing the importance of attendance and sending their children to school each day. Last week we sent home a book of absentee notes. This is for your convenience should your child be away sick or late for school. We would appreciate you filling out one of those forms on their return and we can enter the information into the system. Alternatively, a phone call or email to school is also accepted, as is a notification on the parent portal once you have registered for this.

Sleep

We are noticing an increased level of fatigue in our students daily. This affects their ability to learn in the classroom. Please support us by ensuring your child has their required amount of sleep each night.



Education & Communities
Public Schools NSW

EVERY DAY COUNTS...

A day here or there doesn't seem like much, but...

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

Give your child every chance to succeed...

Every day counts!

Monday

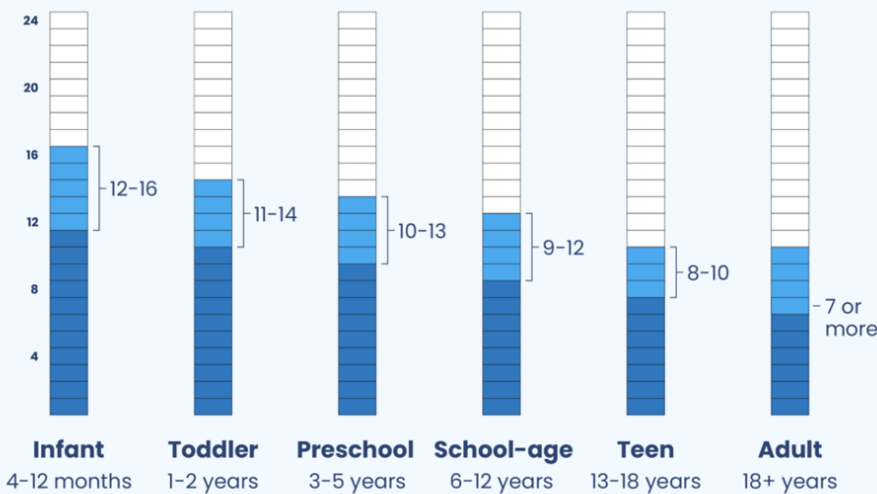
Tuesday

Wednesday

Thursday

Friday

Recommended Hours of Sleep



Source: American Academy of Sleep Medicine



Check In Assessments

This week our Year 4 and 6 students will sit Check-in assessments in Reading and Numeracy. These assessments are mapped to the NSW Syllabuses and National Literacy and Numeracy Learning Progressions. These assessments will supplement our existing school practices to identify how students are performing in literacy and numeracy and to help their teachers tailor their teaching more specifically to student needs.

We are currently seeking anyone interested in enrolling their child in Kindergarten at Tumbulgum in 2024. Should you know of anyone who may be interested, please let them know to contact me on 02 6676 6237 or Genevieve.esgate@det.nsw.edu.au to organise an individual school tour.



Tumbulgum Public School

Enrol now for

KINDERGARTEN 2024

To enrol your child for 2024, please contact the school office on 02 6676 6237 or click the enrolment tab on our school website <https://tumbulgum-p.schools.nsw.gov.au/>

Individual school tours available



Have a wonderful week.

Kind Regards,

Genevieve Esgate
Relieving Principal
Tumbulgum Public School

Recipe

Breakfast Muffins

An easy option for breakfast on the go or a lunchbox snack. These muffins can be changed to suit the vegetables you have in your fridge / freezer.

Ingredients

6 eggs
2-3 cups mixed vegetables
2 slices of lean ham
2 tablespoons of milk
1/2 cup reduced grated fat cheese
Pepper to season



Method

Preheat oven to 160 degrees and grease a 12 hole muffin tin.

Cut all vegetables and ham into small pieces.

Whisk milk and eggs together then add vegetables and ham. Add pepper and mix well.

Pour mixture into muffin tins and top each muffin with a small amount of cheese.

Bake in the oven for 25-30 minutes.





Office News

Tumbulgum Public School is using the new School Bytes platform for all communication including online permission notes and attendance which is accessed via a secure link.

This new platform is very user friendly, and we have already sent out permission notes to be accepted by parents for their child's participation in our upcoming events via this portal.

ACTIVE KIDS VOUCHERS

The NSW Government is helping kids get active with the Active Kids program. The Active Kids program provides a \$100 voucher for parents, guardians and carers of school-enrolled children to use towards sport and active recreation costs each year.

The current voucher, released on 1 January 2023, is valid until Friday 30 June 2023.

<https://www.service.nsw.gov.au/transaction/apply-for-an-active-kids-voucher>

CREATIVE KIDS VOUCHERS

The NSW Government is helping kids get creative with the new Creative Kids program.

From 1 January 2023, parents, guardians and carers can apply for a \$100 voucher for each school-enrolled child aged 4.5 to 18 years. The voucher may be used with a registered activity provider for registration, participation and tuition costs for a range of creative activities, including arts, drama, dance, digital design, coding and music lessons.

The current voucher, released on 1 January 2023, is valid until Friday 30 June 2023

<https://www.service.nsw.gov.au/transaction/apply-for-a-creative-kids-voucher>



School Bytes



Week 3 Awards

Congratulations to our award winners.

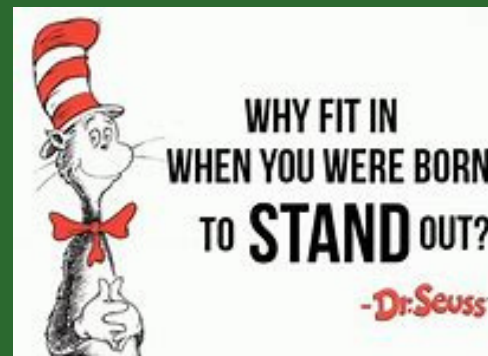
Principal's Award - Shamara

Jalum Award - Lena

Binging Award - Abbey



Remember to have all canteen orders in by Thursday morning.



Switch off the screen

Having routines and habits around screen time are great for the whole family. Try setting boundaries for screen time such as device-free zones or times in your home.

Ideas for device-free zones and times



Keep meal times screen-free



No devices in bedrooms for younger children



No screen time one hour before bed time



Charge devices where children can't access them

Healthy Eating
Active Living





Mothers Day Morning Tea

