

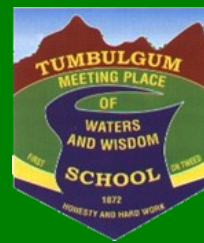
Tumbulgum Public School

11 Fawcett Street, Tumbulgum 2490

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Website: www.tumbulgum-p.schools.nsw.edu.au



Term 3 Week 3 2018

Relieving Principal: Courtenay Ciric

District Athletics Carnival

A big Congratulations to the students who represented the Tweed Valley Small Schools at the District Athletics Carnival yesterday. Well done to Iolama, Sid and Jorja who are off to the Far North Coast Zone Athletics Carnival on Friday 31st August.!

Public Speaking

A friendly reminder that students will be presenting their speeches in week 5 during Literacy time. The students chosen to represent our school at the Far North Coast Public Speaking Competition will be presenting their speeches at the Week 6 assembly. Please don't hesitate to contact either Ms Cleary or myself if you have any questions. We encourage all students to partake in this activity.

Science Fair and helpers needed

Tumbulgum P.S are hosting the S8 Science Fair next Friday 17th August. We are going to be holding sausage sizzle on this day and all proceeds made from the BBQ will be donated to our school to help support our Student Wellbeing programs.

We need volunteers to help with the BBQ and would appreciate if you could please let me know if you are able to assist with this. Students will be purchasing from the BBQ at 12pm onwards, so we will need helpers from 10.30 onwards to help with setting up.

Students are encouraged to buy a sausage sizzle for \$2 each at the Science Fair.

Programs will also be available for purchase at \$2 each. Please see the form attached to pre-order your copy of the S8 Science Fair program, which includes details of student designs and projects and some artworks.

Drought Fundraiser

We will be holding a fundraising afternoon for the Farmers who are being affected by the drought on Friday 31st August. This will be held from 1-3pm, with a sausage sizzle starting off the event. A big shout out to Tanya Walsh who is organising the event to raise some much needed funds for the farmers. A flyer about the events will be sent out shortly, please share as it is open to all community members.

POP and school banking

Our online payments are back for those who wish to make payments online. Also our school banking is back on, please make sure that bank books are handed into Mrs Watterson in the office on Wednesday mornings.

Courtenay Ciric (Relieving Principal)

TERM 3 2018	
Term 3 Week 4	Tuesday—14 August—Todd Woodbridge Cup—Stage 2 Tennis competition Friday—17 August—S8 Science Fair
Term 3 Week 5	Thursday-23 August- "Find your Treasure" book week activity and Murwillumbah High School Transition program— sports All week— Public Speaking (in class)
Term 3 Week 6	Thursday— 30 August— Parent Assembly and Public Speaking Friday-31 August— Drought Fundraiser and FNC Zone Athletics Carnival

Kindergarten 2019

If you have children ready for school in 2019, we'd love to get your applications in so that we can contact you about our orientation program.

School Values

Our SHINE tickets were collected at this week's assembly and our students have achieved the first whole school reward. This will be Teddy Bear's Picnic, where students will be cooking the food for the picnic with their teachers as well. This day is to be announced shortly.

Show Respect

Have a go

Include others

Nurture

Engage in learning

Bey Blades

We ask that students no longer bring Bey Blades to school as we are experiencing many conflicts between students over them. It has been lovely seeing out students participating in a variety of activities at recess and lunch.

Music, Movement and Merriment Program won't be running on Friday 17th August due to the Science Fair, however please come along to our Science Fair to see all our wonderful projects.



BLONDE BAKER CANTEEN

ORDERS DUE WEDNESDAY

Please write student's canteen order on a brown paper bag marked with which day of the week for the order and with correct money inside. Orders for Wednesday, Thursday and Friday must be at school on **Wednesdays**. Mrs W does not work on Thursday and it is quite difficult to get orders up to the bakery on days other than Wednesday. Alternatively orders can be dropped straight to the bakery.



LIKE US ON FACEBOOK

<https://www.facebook.com/>



The S8 Community of Schools invites you to our Science Fair, where students from K-6 have created their own prototypes to make a change in the world!

Come and support students from all 8 schools!

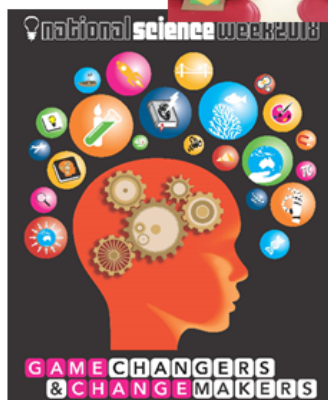
Over 65 stalls!



Friday 17 August

10am– 1:30pm

Tumbulgun Public School



Burrumbidgee Public School • Carool Public School • Condong Public School • Grabbies Creek Public School
Duralbah Public School • Fingal Public School • Stokersiding Public School • Tumbulgun Public School



MUSIC, MOVEMENT & MERRIMENT

Pre-school music program with trained music and early childhood teachers, Brenda and Lissie

FRIDAYS IN SCHOOL TERMS - 9:30-10:15

\$5 per family

Babies - 5 year olds

Call to secure your place - 66766237



Tumbulgun Public School
11 Fawcett Street, Tumbulgun
tumbulgun-p.school@det.nsw.edu.au

Helpers Needed

We are looking for parent and community helpers who can assist with:

- * Reading in the classroom
- * Painting (outside)
- * Gardening

If you are able to assist, please let either Ms Cleary or Mrs Ciric. All helpers will be required to have a Working With Children Check and provide 100 points of Identification.

You can apply online at :

<https://www.kidsguardian.nsw.gov.au/child-safe-organisations/working-with-children-check/volunteers>

It is free for volunteers to lodge their Working With Children Check application.

Thank you

 **Murwillumbah Rural Fire Service**




**Open Day
Saturday 22nd
September**

Activities and
Sausage sizzle

Kyogle Road
Murwillumbah
(Around the road from
Murwillumbah High
School)

AFTER SCHOOL YOUTH ACTIVITY GROUP

FREE





WHEN:
MONDAYS 3.30PM – 5.30PM
DURING SCHOOL TERM FOR 11-18 YEAR OLDS

WHERE:
MURWILLUMBAH **YOUTH CENTRE** KNOX PARK

Further information contact Karen 0409730249

connection & direction
for young people

nortec
youth services

Murwillumbah
community

Vegetable servings- How much is enough?

A recent national survey reported 45% of Australian women and 56% of Australian men didn't eat enough fruit. And 90% of women and 96% of men didn't eat enough vegetables. This figure is worse than for the preceding ten years. The 2012 Australian Health Survey found less than 4% of the population consumed the minimum recommended number of serves of vegetables and legumes/beans on a usual basis. In NSW, 56% of primary and 80% of secondary children do not eat the recommended daily amount of vegetables. **It's been estimated A\$269 million could have been saved in 2008 if everyone in Australia met fruit and vegetable recommendations.** The recommendation to include plenty of vegetables and fruit in our diet is based on a large body of **evidence** showing the risk of a range of health conditions is reduced as we eat more fruit and vegetables. The specific targets of two serves for fruit and five to six serves for vegetables are largely based on nutrient requirements for healthy people and what diets usually look like for the average Australian.

- **Recommendations for Adults:**
5 serves of vegetables per day
- **Recommendations for children aged 4-11 years:** 4.5- 5 serves of vegetables per day

What is **1** serve of vegetables?



Download Kids Eat More Fruit and Veggies fact sheet (PDF 1MB) From the Healthy Kids Website – <https://www.healthykids.nsw.gov.au/kids-teens/eat-more-fruit-and-vegies-kids.aspx>

Rainbow Bay Surf Life Saving Club

Come and join the number 1 Surf lifesaving club on the coast. The 2018 season starts on Sunday 30 September 2018 and runs every Sunday through the summer. We are a family orientated club focusing on ages 6 to adults becoming future lifesavers while having lots of fun!

SIGN ON DAYS

10:00am - 12:00pm Sunday 19 August 2018
10:00am - 12:00pm Sunday 26 August 2018
Tweed Regional Aquatic Centre
18 Heffron St, Tweed Heads South

It's a ripper to be a nipper!



MEMBERSHIP FEES (2018-2019 SEASON)

Active Junior (15-18 yrs): \$70
Cadet (13-15 yrs): \$60
Family Membership: \$150



Present this flyer at sign on to go into the draw to win a \$100 voucher to spend at the club!

Phone: (07) 5536 6390 Email: admin@rainbowbayslsc.com
Website: www.rainbowbayslsc.com