

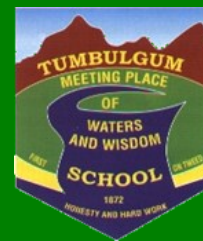
Tumbulgum Public School

11 Fawcett Street, Tumbulgum 2490

Phone: 0266 766 237 Fax: 0266 766 149

Email: tumbulgum-p.school@det.nsw.edu.au

Website: www.tumbulgum-p.schools.nsw.edu.au



Term 1 Week 1 2018

Principal: Jenni McKeon

Welcome Back

Welcome to 2018! A special welcome to our new families. The staff and I are so pumped for this year, it's hard to keep our excitement in. There's lots going on, so make sure you stay in touch (see the paragraph below).

Staffing

It's lovely to be back on deck with Ms Cleary, Leanne and Mrs W. This year we welcome Courtenay Ciric to our team. Mrs Ciric comes to us most recently from Condong Public School, and she has a great deal of experience and knowledge from which to draw. She will be supporting learning by taking small groups and providing me with time to attend to administrative work on Fridays. We also have local musician Lissie Stanton joining us as School Learning Support Officer on Fridays. Her incredible musical talents will really enhance our students' learning.

Information afternoon

The teachers and I invite you to come along to the classrooms next Thursday afternoon. We will be sharing our timetables, routines, and teaching and learning programs. We have put the K-2 session on at 2:00pm before our first assembly of the year. Then senior class will be at 3:00pm, and students in years 3-6 are welcome to stay and find out what we have in store for them. Both sessions will be held in the classrooms. If you can't make the session, the information will be available in written form.

Tweed Small Schools Swimming Carnival

Next Wednesday of Term 1 next year is our Tweed Small Schools Swimming Carnival. Any students turning 8 this year or older who would like to compete against swimmers from 11 other small schools, please let us know by this Thursday, as we need to get our entries in. Can't wait to see you swimming.

Growth Mindset and Mindfulness

This year, we will have a focus on nurturing a Growth Mindset and Mindfulness in the children. To keep you informed and give you tips about how to tie this in at home, we will include special information with the weekly newsletter.

TERM 1 2018

Term 1 Week 1	Thursday 1 Feb—Kindergarten students start.
Week 2	Monday—5 Feb—Year 3-6 Tennis Wednesday 7 Feb—Tweed Small Schools Swimming Carnival <u>Thursday 8 Feb</u> 9:00–11:00 am—Playgroup starts back 2:00–2:30pm—K-2 information afternoon in the classroom 2:30–3:00—First assembly of 2018 3:00–3:30—Senior class information
Term 1 Week 4	Monday 19 Feb—School photos
Term 1 Week 6	Tuesday 6 March—Whole School excursion to Hytec Quarry

Fees

We've had numerous enquiries about what your children need at school. We supply all the necessary books and tools for their learning, but ask that you contribute \$50 per child towards the costs of these resources. The actual cost of these is considerably higher, with text books alone costing \$50 or more. We ask for a further \$50 voluntary contribution per family to help cover the cost of other things involved in providing your children with a quality education. The easiest way to pay is to go onto our website and use the POP payment system. You can also send cash or cheque to school. If you have any questions or concerns regarding this, please do not hesitate to contact me.

School Banking

School banking starts next week. A big thank you to one of our new mums, Tereasa Bennett for helping us out with this job. School banking is on Wednesdays.

Filmpond Film

Have you seen how much fun we had at Kindy Orientation? Check out the video on our Filmpond site. The link is on Facebook.

Communication

Make sure you know everything that's going on at school. We let you know things in a variety of ways, but here are the key ones:

Newsletters come out on Tuesdays.

Like our Facebook page to see all the fun we have and get extra reminders.

Schoolstream keeps you in touch with important health and safety information.

Chatting at the gate after school or in the playground before school.

As you can see by this newsletter, there is always lots going on. You can help us, by reading the newsletter and talking to us about any issues or concerns you have, as soon as you have them.

Canteen

The Blonde Baker provides us with lunch daily. If you would like to order lunch, please use a separate paper bag for each order, writing your child's name, their order and the day they require it. We can only accept orders at school on Wednesday. If you want to order any other day, call in at the bakery to place your order. A price list will be out shortly.

Jenni McKeon - Principal



Tumbulgum PS is on Schoolstream. To access Schoolstream download the app to your device and search for our school. You'll then receive messages from the school via a text message alert. In the event of an emergency such as flooding this will be a wonderful way to communicate quickly.

Free!

Go4Fun

Healthy • Active • Happy • Kids

Free healthy lifestyle program for kids 7 to 13 years

- Fun games & activities for kids
- Build self-esteem & motivation
- Improve eating habits
- Make new friends

Call: 1800 780 900



No playgroup this week.

Playgroup returns next Thursday.

If you have pre-schoolers, you are welcome to join us.

The Blonde Baker

Supplying the school with lunches daily!



Tumbulgum Rangers Sports Club 2018 Soccer Sign On

Registrations will be commencing soon for the 2018 Soccer Season for boys and girls turning 5 – 16 years during 2018.

Sign on day at the Clubhouse in Bawden Street, Tumbulgum is:
Saturday 17th March 2018

Online registration details will be provided in early 2018.

Players aged 5, 6 and 7 will receive a complimentary ball.

All players receive a polo shirt.

Mini Roos games are played locally.

Older age groups are played in the Tweed and Byron Shires.

Smaller, personal and family friendly club atmosphere in a stunning location.

Facebook Group:

Tumbulgum Rangers Sports Club

For further information contact:
Brian on (02) 6676 6343.

What is a Growth Mindset?

Individuals who believe their talents can be developed (through hard work, good strategies, and input from others) have a growth mindset. They tend to achieve more than those with a more fixed mindset (those who believe their talents are innate gifts). This is because they worry less about looking smart and they put more energy into learning. They are not concerned about 'failure' or 'set backs'. Children with growth mindsets feel more empowered, are more committed, collaborate better and are more innovative. So, you can see why we want to encourage it in our learners. To get you started at home, there is a colour poster on the back of this sheet.

Mindfulness

Mindfulness programs support the development of positive mental health and wellbeing. We have chosen to use the Smiling Mind program, which is designed for primary school children and has been successfully implemented in a wide variety of schools with positive results.

You might like to download the app at home, to see what exactly we're doing at school.

Mindfulness can assist with

- Managing stress
- Developing emotional resilience
- Enhancing creativity
- Enhancing decision making and problem solving
- Creating a sense of calm, clarity and contentment

The Smiling Mind Education Program has been independently evaluated and the results indicate that the program can assist students with sleep, wellbeing, managing emotions, concentration and school behaviour.

We hope you support your child as they learn ways to cope with life and become happier, better learners.



We love staying healthy at school and are a 'Crunch & Sip' school. This simply means that each class has a time in the morning to eat vegetables or fruit and that water is welcome at our desks at any time. Please pack some vegies or fruit for your child to eat and send a water bottle to keep them hydrated every day. Here are some ideas for what to pack.

Crunch&Sip® Pack ideas

Stuck for ideas to make your kids Crunch&Sip packs more interesting? Try these ideas:



1

Use texture

Make a pack that includes vegetables or fruits with varying textures.



2

Go for colour

Use a variety of colours in your packs to make them appealing.



3

Make it tasty

Pack chopped vegetables or fruits that taste great together.



4

Is it in season?

Vegetables or fruit in season will taste better.



5

Add a fun fact

Include a post it note with an interesting fact about the vegetable or fruit in the pack.

More information? Download the parent brochure from the Crunch&Sip webpage: www.healthykids.nsw.gov.au/campaigns-programs/crunch-sip.aspx.

 **schoolstream**
your school in the palm of your hand

Don't forget to download the app

Tumbulgum PS is on school stream. We use this phone app to inform the community in emergencies. It is easy to install on your mobile phone and will send an alert if we put out a message. To access school stream download the app to your device and search for our school. You'll then receive messages from the school via a text message alert. In the event of an emergency such as flooding this will be a wonderful way to communicate quickly. Please see Jenni if you have any questions.